

# Tinnitus SA

## Can:Do Hearing Tinnitus Services Overview

Our experienced team of audiologists have specialised skills to help support people with troublesome tinnitus, also known as 'ringing in the ears'.

We work with clients to provide services which are tailored to the needs of the individual. Our services aim to support individuals in managing their tinnitus to become less bothersome.

Consultations and tinnitus management programs can include diagnostic assessment, education about tinnitus and its management, counselling and device provision.

### Can:Do Hearing Tinnitus Services

#### Target Group

Anyone who is bothered by tinnitus, or who would like more information about tinnitus.

#### What to expect

An initial one hour consultation with an experienced audiologist. This can be conducted on a one on one basis, or with a significant other.

During the consultation, the audiologist will conduct a thorough case history to help demystify the tinnitus. This may or may not include a hearing assessment. The audiologist will then provide education on possible causes and why tinnitus can become bothersome.

Management strategies will be provided based on the client's situation and needs. This may or may not include

device provision, structured intervention programs and home based strategies. Referral to other specialists may also be recommended at this time.

Further consultations may be required if the client's management program involves a device or structured intervention, or if the client would like more information.

#### Aims of the program

To provide the client with knowledge about what tinnitus is and why it can become bothersome. Help the client understand their own tinnitus in relation to its potential cause and aggravators and provide management strategies to reduce the impact of the tinnitus on the client's daily life.

#### Goals of the program

Goals are based on individual needs and negotiated with the client throughout the consultation.

### About Tinnitus SA

Tinnitus SA is a web based tinnitus information service designed to provide awareness, factsheets and information about management options for people with tinnitus and health professionals alike. Tinnitus SA services are provided by not for profit South Australian Audiology business Can:Do Hearing on behalf of the South Australian Government.

[tinnitussa.com.au](http://tinnitussa.com.au)



**Tinnitus SA**  
Lightens the load

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### Outcomes

Outcomes may include:

- Increased knowledge about tinnitus
- An understanding of the cause and aggravators of their tinnitus.
- A reduction in tinnitus awareness
- A reduction in tinnitus disturbance

### Eligibility Criteria

Anyone who feels they need information about tinnitus or are bothered by tinnitus.

### Staff

Audiologists are university qualified allied health professionals who are specifically trained to work with members of the community who have auditory based difficulties. This can include hearing loss, auditory processing disorder, tinnitus and balance disorders.

All Can:Do Hearing audiologists hold a Certificate of Clinical Practice and are members of Audiology Australia. They have all undertaken specialised training in the education and management of tinnitus.

### Locations

Our audiologists work across all Can:Do Hearing sites as listed below:

- Welland
- Blackwood
- South Terrace
- Brighton
- Old Reynella

### Referrals

A referral is not required to receive tinnitus services with Can:Do Hearing however we welcome referrals from GPs, Ear Nose and Throat specialists and other professionals.

### Funding

Can:Do Hearing tinnitus services are fee for serviced consultations. If you have a referral from an Ear Nose and Throat specialist or hold an Australian Pension Card you may be eligible for a small rebate. Please contact us for further information.



**Can:Do Hearing**

### Contact Us

We would love to hear from you. For further information about our services and to discuss your needs please contact us on;

Phone: (08) 8100 8209

Email: [info@tinnitussa.com.au](mailto:info@tinnitussa.com.au)

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